



Northampton LAMs NEWSLETTER

Autumn Edition September
2017

Newsletter - Number 3

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Jan Dowsett is pictured with last year's Chairman Chris Ludford-Thomas who presented the cheque on behalf of the membership.

Welcome to the third Edition of our Newsletter

Message from our new chairman 2017/18

I am delighted to be in the Chair this year and am looking forward to sharing the events we have planned. My particular charity will be for **Crazy Hats**. The details of their talk at the coffee morning are printed on the second page in this newsletter.

I look forward to meeting you all at future events.

Betty Howells

Charitable Giving

During the year 2016/17, members raised funds to support our precious Chairman's chosen charity **LITTLE BLEEDERS**. The parents of **Alex Dosett**, the founder of the charity, attended the April coffee morning to receive a cheque for the sum of £1000. **Will Woan (director of the charity)** detailed the work that is being undertaken to support young people, raise awareness, recruit ambassadors and promote the message that despite having a blood disorder, young people do, and should take part in appropriate sporting activities.

Jan and Phil Dowsett answered questions from the membership about the difficulties and practicalities of raising a child suffering from haemophilia. It was both moving and enlightening.

Haemophilia is a genetic blood disorder that prevents the blood from clotting properly. The amount of bleeding depends on the severity but commonly occurs around the joints causing pain and swelling which can result in disability. **Alex Dowsett is a British professional racing cyclist who rides for UCI ProTeam Movistar Team. A truly great role model!**

CONTACT US BY

Visiting our website to keep abreast of what we are doing.

<http://www.northampton-lams.org.uk/>

We publish information on the programme for the current year, together with news of forthcoming events, such as luncheons and outings. We publish details of the committee members with telephone numbers so that you can get in touch. We also publish newsletters and would be delighted to hear your news, especially if you are unable to attend coffee mornings or luncheons. If you are not sure how to use the website, contact Lynne Clayton (our webmaster) direct. You can email or telephone her. Tell us about special birthdays, anniversaries, holidays or events which we can share with members

The website is an ideal way to keep in touch.

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Northampton LAMs goes PINK

The **Crazy Hats Breast Cancer Charity** is the chosen charity of our Chairman –Betty Howells. This charity receives no financial grants, with all monies being raised through events & fund raising. It works closely with the medical profession discussing & agreeing hospital projects to fund.

We were delighted to have the three trustee members **Heather Smith, Glennis Hooper and Marilyn Clapham** join us at our coffee morning in June where they detailed all the wonderful work they are doing in this field.

Cures & Remedies at June Lunch

Kate Wills spoke about these old fashioned remedies using **Sue Cooper** (our new committee member) as her “guinea pig”. She’ll never be the same again if she tries some of them, especially the cure for toothache (a warm brick). But she can be sure to be saved from drowning if there is someone around with a pair of bellows!

June trip - Prosecco jelly at Delapre Abbey

28 members were treated to a tour of the recently restored Abbey followed by a delicious afternoon tea served in the Billiard room. This is a wonderful asset to Northampton and well worth a visit. Take a look at the photos on our website.

Chairman’s Coffee morning - Bring & Buy

This annual event enables us to continue our charitable giving.

News of Future Events

Oct 18th Visit to Audley End House and Gardens

Nov 1st Christmas Bazaar with Bran tub

Dec 6th Christmas Luncheon with Stanwick Bellringers